



JUDGE ARNOLD'S ANTI-HARASSMENT, ANTI-CRUELTY Helpful Resources

***Call the POLICE** if someone is constantly threatening, intimidating or following you in person or on the internet or by text. Stalking is a crime and a form of bullying.

***Call 911** immediately if you have been assaulted, beat up or injured because of bullying or domestic violence.

Vulnerable Adult Abuse Michigan Hotline – Call 1-855-444-3911 if you believe a vulnerable adult (elderly/disabled) is being taken advantage of by a caregiver

Child Abuse & Neglect – Call 1-855-444-3911 to report child cruelty by a parent.

***IF YOU** or someone you know is feeling hopeless or suicidal call 1-800-273-TALK (8255). In Monroe, call 734-243-7340. Or visit www.afsp.org.

***If YOU** are being harassed and **bullied in the WORKPLACE** because of a legally protected personal characteristic, contact the Equal Employment Opportunity Commission at 1-800-669-4000 (Michigan branch) or visit <http://www.eeoc.gov/field/detroit>, or call a lawyer.

*Visit www.MichiganLegalHelp.org about how to get a **Personal Protection Order** or how to hire a lawyer to help you if you are being bullied or harassed and need court-ordered protection.

***If YOU are a STUDENT, PARENT or Caregiver of a student** and a student is being bullied, report bullying to the teacher, school counselor or principal immediately.

***To give an ANONYMOUS TIP for any school safety threat**, call 8-55-OK2SAY, or text OK2SAY*, or visit <http://www.michigan.gov/ok2say>.

***If YOU are a TEACHER** looking for resources, visit www.nea.org/home/neabullyfree.html, or call 1-202-833-4000.

*For more information about **anti-bullying resources**, prevention and awareness, visit www.stopbullying.gov.